

# Team Performance Workshops

Building alignment, collaboration, and high-performing teams

Practical, neuroscience-informed workshops that help NZ teams communicate better, solve problems faster and work together with more clarity and confidence.

# Introduction

Stronger teams create stronger results.

High-performing teams don't happen by accident. They're built through clarity, communication, trust, and shared purpose.

These workshops are designed for New Zealand organisations that want to lift performance, strengthen collaboration, and help their people work better together.

Each workshop is:

- Practical and engaging
- Grounded in neuroscience
- Tailored to your organisation
- Focused on real-world outcomes
- Delivered face-to-face across Aotearoa

# Why does team development matter?

Teams achieve together what individuals can't achieve alone. When teams understand how they think, communicate, and behave under pressure, they unlock new levels of performance.

My approach draws on:

- Two decades coaching teams
- Neuroscience and neurolinguistics
- Alliance Coaching expertise (rare in NZ)
- Experience across government, infrastructure, engineering, education, NGOs, SMEs, and IT

This blend of science, practicality and cultural fit shapes every workshop.

# Workshop Overview

This guide details six fully-formed workshops that have been delivered numerous times over the last twenty years.

Each description includes the workshop purpose, outcomes and what teams will walk away with.

## **Six Workshops in this guide:**

- Solutioneering
- The Innovation Generator
- SWOT-A
- Performance Ecology
- Team Formation
- Collaboration Essentials

# Solutioneering Workshop

Purpose: Build a solution-focused team that solves problems faster and better.



Equip your team with a structured, creative problem-solving process that leads to faster, better decisions.

Develop your team's solution focus by helping them understand the brain science behind it, the language to generate it and a simple six-step tool to collaboratively solve bigger problems.

## **Teams learn:**

- The neuroscience behind solution-focused thinking
- Language patterns that generate better ideas
- A simple six-step solutioneering tool

## **Outcomes:**

- Faster decisions
- More constructive conversations
- A shared problem-solving method

# Innovation Generator Workshop

Purpose: Unlock fresh thinking and generate practical ideas.



The Innovation Generator brings a team together to think differently, explore alternatives and deal in possibilities. This is where you find out how your team can really apply themselves and their collective knowledge.

It's a fun and challenging way to generate new and innovative ideas that come from your people.

## **Teams learn:**

- Creative thinking techniques
- How to challenge assumptions
- How to turn ideas into action

## **Outcomes:**

- Increased creativity
- Stronger ownership
- A pipeline of innovations

# SWOT-A Workshop

Purpose: A dynamic, action-focused version of SWOT



From the classic SWOT analysis, this workshop helps your team identify their strengths, risks, opportunities and threats.

Take stock of your team's performance from a fresh angle and add a 'Capital A' for ACTION to create change that will help your team find it's next level.

## **Teams learn:**

- A modern take on SWOT
- How to add the critical "A" for Action
- How to prioritise what matters

## **Outcomes:**

- Clear performance picture
- Prioritised actions
- Stronger alignment

# Performance Ecology Workshop

Purpose: Develop the right conditions for best team performance



Understand - from your team - what they need to perform at their best – get clear on which of these elements are working well and which need more investment to see performance improve.

This workshop is all about creating the right environment for your team to excel.

## **Teams learn:**

- The elements of a high-performing environment
- What's working well
- What needs to shift

## **Outcomes:**

- Shared understanding
- Clear performance levers
- A roadmap for improvement

# Team Formation Workshop

Purpose: Build trust, clarity, and alignment in new or restructured team



Do you have a new or restructured team that needs to hit the ground running?

Getting up and running fast is essential to a good start. The team formation workshop has several parts; What strengths and success define you? What's your purpose as a team? How will you know you're achieving it? How do you collaborate as a team? What are your goals and early wins?

This workshop is about developing collective focus and traction.

## **Teams learn:**

- How to build trust quickly
- How to understand strengths and styles
- How to identify early wins

## **Outcomes:**

- Faster cohesion
- Clear expectations
- Early momentum

# Collaboration Essentials Workshop

Purpose: Strengthen collaboration using science-based principles



Take your teams performance to a new level by checking the ten essentials of collaboration are in place.

Using a Chaos Theory exercise as a backdrop, this is an interactive workshop that looks at effective team collaboration.

Identify what's working well and take decisive action to make improvements.

## **Teams learn:**

- The ten principles of collaboration
- What's working well
- Where improvements can be made

## **Outcomes:**

- Better communication
- Stronger relationships
- Clear actions

# FAQs

## Quick answers to common questions

### **What types of teams do you work with?**

Teams across government, infrastructure, engineering, education, NGOs, and SMEs.

### **How long are the workshops?**

Most workshops run 1-2 days, depending on depth and organisational needs.

### **Do you offer virtual workshops?**

No — for lasting value, these workshops are delivered face-to-face across New Zealand.

### **What results can we expect?**

Clearer communication, stronger collaboration, faster decision-making, and improved team alignment.



# About David Savage

## Leadership Coach & Trainer

David is a leadership and team coach with two decades of experience helping New Zealand organisations build clarity, capability, and performance.

Trained with the internationally recognised NeuroLeadership Group, he brings a neuroscience-based lens to communication, behaviour, and team dynamics.

He is also one of the few Alliance Coaches in New Zealand, supporting high-performing partnerships such as:

- Stronger Christchurch Infrastructure Rebuild Team
- Memorial Park Alliance
- Aotearoa Food Rescue Alliance

This experience shapes every workshop he delivers.

# Let's work together

If you're ready to strengthen your team, this is how we can work together:

1. Get in touch and introduce yourself with a little background
2. Let me know what your top three outcomes are for the team workshop
3. I'll then help you select the right workshop and send you a proposal including outcomes, approach and costs
4. If that hits the mark, we then confirm the logistics and the workshop is delivered
5. Post workshop, we get back together and check the outcomes and set actions to help you keep the workshop momentum

## Contact Now

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